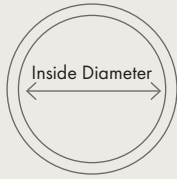


Ring Size Guide



Do you have an existing ring to measure?

1. Select an existing ring that fits the desired finger.
2. Measure the internal diameter of the ring (in mm).
3. Use the below chart to determine your ring size.

	UK	EU	US	Inside Diameter
Extra Small	J	49 ³ / ₄	4 ³ / ₄	15.49mm
	K	50	5 ¹ / ₄	15.90mm
Small	L	51 ³ / ₄	5 ³ / ₄	16.30mm
	M	52 ³ / ₄	6 ¹ / ₄	16.70mm
Medium	N	54	6 ³ / ₄	17.12mm
	O	55	7	17.53mm
Large	P	56 ¹ / ₂	7 ¹ / ₂	17.93mm
	Q	57 ¹ / ₂	8	18.34mm
	R	58 ¹ / ₂	8 ¹ / ₂	18.75mm
	S	60	9	19.15mm

Tips & Tricks

Your ring should fit your finger comfortably, snug enough so that it will not fall off but loose enough to slide over your knuckle with some resistance.

For best results measure your finger size at the end of the day and when your fingers are their largest.

Don't measure when your body temperature is either too cold or too hot. Only measure when fingers are at room temperature.